

## CREATING FIREWORKS IN THE BEDROOM

Below is a rough transcription of Episode 157: Creating Fireworks in the Bedroom. It was created with AI and lightly edited for clarity regarding who's speaking. If possible, we encourage you to listen to the episode, so that you can hear tone, nuances, and—of course—moments of laughter that tend to happen on our show.

Chris [00:00:01]:

Welcome to Sex Chat for Christian Wives. I'm Chris of Honeycomb and Spice.

Gaye [00:00:06]:

I'm Gaye of Calm, Healthy, Sexy.

J. [00:00:09]:

I'm J. of Hot, Holy, and Humorous.

Bonny [00:00:11]:

And I'm Bonny of Strong Wives.

Gaye [00:00:14]:

Pull up your chair to our virtual kitchen table and let's chat.

J. [00:00:19]:

We're recording before the American Independence Day. But this episode will air on July 4, a time when fireworks displays can be found all over the country. But what about the explosive power of love making? How can you create fireworks in the bedroom? That's what we're talking about today. So let's start with a simple question. How is sex like fireworks?

Chris [00:00:40]:

Well, it can be rather explosive at times.

Gaye [00:00:45]:

That's exactly what I was going to say.

J. [00:00:48]:

Well, in what way?

Chris [00:00:52]:

I'll just let Gaye fill that in.

Gaye [00:00:54]:

No, go ahead.

Chris [00:00:56]:

I guess I'm thinking primarily of orgasm, although not all orgasms I would necessarily call explosive. That is one of the kinds.

Bonny [00:01:06]:

Well, I think like, there's different kinds of fireworks. My favorite firework are those curly cues and they make that little sound. I love those things. There's the ones that only make sound, they're like the cannons, but there's no actual firework. You just hear the sound. But I just think of all the different kinds of fireworks. And that just to me says there can be so many different kinds of experiences that are good in the bedroom. But then we also have to remember there are duds every once in a while.

Chris [00:01:43]:

And you can start a fire if you're not careful.

Gaye [00:01:48]:

And they can be professional or amateur. So in most places, of course, you can watch a professional fireworks display, but in a lot of states, you can just set off your own, which aren't as big or exciting. But that makes me think sometimes you can have just like fun sex. That's like the backyard fireworks display. And sometimes you can have big-time sex, which is like the big choreography, right, choreographed at your wherever your baseball stadium or wherever it is in your community.

Bonny [00:02:23]:

I think we have a new bingo card name Big-Time Sex.

Chris [00:02:33]:

Yeah, that works.

J. [00:02:35]:

I think also we can appreciate different things about sexual fireworks. And the reason I think about this is I remember when we had our two sons and our older son was sitting on my lap and the younger son was sitting on my husband's lap, and we were watching the fireworks. The one sitting on my lap wanted to ask all these questions about how the fireworks were done. And I was like, I don't know, I don't know, I don't know. And so basically, I passed him to my husband and they had a fantastic conversation. And I got the other kid, and the younger kid and I were like, oh, look at the pretty colors. Look at that one. Which one do you like? What is that? So we appreciated some different things about it. We had different angles of looking at the fireworks. They wanted to go into all the science. My other son and I, we were looking at the poetry of it. And I think it's okay to have different aspects of sex that you enjoy.

Chris [00:03:33]:

I think, too, about what the experience is like for me when I'm watching fireworks, and it always feels like I'm stepping out of my regular life for a time, and it's just like this other world because I'm so focused on something that I see so rarely. And sometimes I think sex can be like that, too. And it's not that I'm experiencing it rarely, but it just takes me out of my regular life for a time.

Bonny [00:04:00]:

I really love to watch the fireworks show with the symphony on the capitol lawn. I know those outside of the US. I'm sure you feel the same thing with your own country and your own country's traditional type of music. And when I hear that music to the backdrop of the fireworks, it's just so awe inspiring. And I'm almost giving myself goosebumps right now thinking about it. Yeah.

J.: Actually, when we were in France last summer, there was some event, and I know I should remember what it was, but I don't, for which there were fireworks. And so we walked down and watched the fireworks going off right by that Pont Valentre, the bridge that was right

beside us. And I can say, being there among the French crowd, they liked fireworks as much as we do. It was very similar feel in the crowd.

Bonny:

Yeah. So fireworks is universal. I will say that I think part of what makes it so special for me was music. And so music is a part of our repertoire. Music is very important for our connecting time.

Chris [00:05:09]:

I think, too, that when I watch fireworks, I'm also thinking back to all the other different times and places. I've seen them. And we used to live in a city where they had a big winter festival every year, and right across the street from us there was a park, and in the winter, they would shoot off the fireworks from there. And I just have very fond memories of watching that with my kids, with my husband just sitting at the kitchen table, looking out the window. And I think sex, there are times when the experience is good in itself, but it also sort of brings up memories of past, meaningful times together.

Gaye [00:05:48]:

So that makes me realize, I don't think I've ever seen fireworks in the winter.

Chris [00:05:53]:

It's really bizarre. The first time. I mean, it was just very strange.

J. [00:05:59]:

Y'all didn't do New Year's Day? That's in the winter.

Chris [00:06:01]:

No, we didn't do New year's day. This town had there were a lot of, like a lot of the high schools on their last home football game, they would do fireworks. So we were in a very fireworks kind of area. But fireworks, I don't know what the word is, we were in an explosive community.

Bonny [00:06:19]:

Pyromaniacs.

Chris [00:06:21]:

Yeah, there is a lot of that going on, and I don't want to joke about that because we actually, members of our family had a recent fire on their farm. So I know that that's not really a funny thing, but except it kind of is sometimes. Yeah, and they're fine. Their house is fine. They lost a farm building or two.

J. [00:06:44]:

All right, well, lots of ways in which sex can be compared to fireworks here, but one particular aspect of sex often compared to fireworks is, as Chris mentioned, orgasm. We recently had an episode all about orgasm, so we're actually not going to go there so much. And while we're fans of that peak of pleasure, it's just not the only part of love making that lights up a spark in the wife and colors her happy. So what can make sex feel especially exciting or passionate for a wife?

Bonny:

Vacation.

J.

Vacation sex?

Bonny:

Vacation sex.

Chris [00:07:19]:

Not having to cook or do any of that stuff.

J.:

When it's big-time sex.

Bonny [00:07:25]:

When it's big-time sex and cruise sex, right?

J.:

Cruise sex, absolutely. Cruise sex is so much better.

Bonny: So if you haven't heard, J. has a cruise coming up. Hot, Holy, Humorous cruise. So check out, I don't know, your show notes or your website. You only have some two spots left, so they better hurry.

J.

I think I've got three or four spots left, but yeah, it's not many, but yeah, you'll have some help with the motion in the ocean and have.

Chris [00:07:54]:

A chance to rock the boat, baby.

Bonny [00:07:56]:

Yeah. Well, the reason I say vacation sex is because it's low stress. The low stress in your life can free up your mental space, can free up your body's energy to focus it on lovemaking.

Gaye [00:08:12]:

Yeah, that's especially true. I mean, I remember that very distinctly from having little kids and that like, vacation sex can really be quite different because you don't have all the same responsibilities. Even if your kids are on vacation with you, you're not really in charge of the house. You're hopefully not in charge of cooking every meal. So that maybe could be a hint for wives and husbands who are listening. I mean, obviously we can't go on vacation all the time, but can you free up some responsibilities, some stresses, some burdens to have that experience of vacation sex more often?

Chris [00:08:54]:

So often when we've enjoyed 4th of July fireworks, it's at the end of a day that has been very family oriented and there's been a lot of connection and togetherness. And I think one way that relates to sex is that for a lot of women, sex is easier and more enjoyable if it kind of celebrates some connection you've been enjoying recently, where it's building on something else and not just about the sex. If I just go watch the fireworks but don't take part in any other 4th of July stuff, it's just not the same.

J. [00:09:28]:

That's good. I was thinking about how a really good fireworks display takes some time to set up and some intentionality and think about what's there. So some of our best times have been where one or both of us put forth some effort in kind of setting the scene, getting ready. I'd like it, especially if my husband puts some real effort into making it nice for me. And I think that can really spark some passion in the moment to feel that valued.

Bonny:

Well, another thing that helps set the stage for me is connecting emotionally. And I know you were alluding to that too, as well, Chris. We use a and I know I've talked about this before. We use a check in called Thanos, which helps me really connect emotionally. It's something you can Google and find it F-A-N-O-S. But having that time of him, I easily share my heart, but having him slow down enough to share what's on his mind and heart helps me feel super safe in the bedroom. So being super safe at fireworks is having a fire extinguisher. Super safe in the bedroom is having some emotional connection.

Chris [00:10:43]:

And definitely no fire extinguisher.

J. [00:10:51]:

It's interesting to me that all the things that we've mentioned so far, none of them is like what really makes it passionate is when he does this one fantastic move, or when you do this particular activity or this or that, which those things can make something more pleasurable. But what seems to evoke passion for most wives is something else. It's focus, connection. I don't know what else we mentioned.

Chris [00:11:15]:

Planning, being away from responsibilities.

J. [00:11:19]:

Yeah, I just find that interesting. And I hope some husbands out there are listening.

Chris [00:11:22]:

Because it means that there's not a particular technique that is what matters.

J. [00:11:28]:

Yeah. And I mean, as I've said, even things like wearing that really great piece of lingerie that makes you feel sexy, that one that you like. And then you think, oh, this is going to be more passionate because I feel really sexy or whatever, it's not the lingerie, it's what's evoked by that for you. That feeling that you bring into the bedroom that can amp things up. Yeah.

Bonny:

So going with what Gaye was saying earlier about what can you do to reduce your stress on Saturday morning? How can you divide and conquer whatever needs to happen so that in the afternoon or after the kids go to bed, you're feeling less taxed.

J.:

Right. And also choosing the right time. I mean, fireworks have to happen at night. But guess what? Sex can happen any time of the day. We don't have to wait till night time. So if your energy is caput at night, find a different time.

Bonny:

It's hard though, when you got little kids. I mean it's possible, but...

J:

Yeah, well, we used to do naptime on the weekend would sometimes work if you had that. And when our kids were older, they were teens or whatever, they would be with their headphones or earbuds and we could escape for a few minutes to quote, unquote, talk, spend some alone time. Mom and Dad are just going to go in there and communicate...with their bodies.

Speaking of things you can do to feel a little better about yourself, a little more passionate, a little sexier, we are now going to head to a spot from our wonderful sponsor, Share the Soap. We really encourage you to check them out. If you've thought about checking them out but haven't done it yet, today's the day. Click over and check out their products.

Bonny [00:13:11]:

Today's episode is sponsored in part by Share the Soap, featuring all natural goat soap products packaged in environmentally friendly materials. And right now, there is a lot going on over at [sharethesoap.com](http://sharethesoap.com) until July 31, you can enter to win a chance to design your own soap, choosing your own colors, fragrances or plant fragrances that they have in stock, and it will be shipped to you once it is cured and ready to travel. Also, Share the Soap is now offering



quarterly subscription boxes. Her May box sold out so quickly that she's already opened her August orders. Each box includes products around a certain theme and includes a significant discount over the individual items if they were purchased separately. And finally, just for Sex Chat listeners, Tori is offering a free lip balm with each purchase. Check out our show notes to find the coupon code and secure your free lip balm. Thank you, Share the Soap, for being such a loyal sponsor. And now back to our conversation.

J. [00:14:13]:

All right. Fireworks. That's our topic. So fireworks come in all shapes and sizes, as Bonny pointed out, from sparklers to rockets to display fireworks that require a Pyrotechnician. How can we make the most of various kinds of love making to evoke intimacy? Fireworks. So, like, what's the sparkler? What's the rocket? I don't know.

Chris [00:14:38]:

Well, kids often have sparklers, and maybe that's all they're allowed to have is just the little things that won't really hurt them. But as they get older and have more wisdom and experience, they get to graduate to using more variety. Yeah, bigger variety of fireworks if you're in a state where kids are allowed to do that. And I think one of the things is with fireworks and sex, you don't have to start with the really fancy big-time sex right off the bat. You can kind of work your way up and learn and practice some things and then graduate on up to the next level, up to the next fun, sexy thing.

Gaye [00:15:19]:

So sparklers are just like vanilla sex?

Chris [00:15:21]:

Yeah, they're like starter sex.

Gaye:

Starter sex.

Bonny [00:15:25]:

And you know what? If you stick with sparklers, it's okay.

Chris [00:15:28]:

Because they still sparkle. You get sparkles. Isn't that the point?

Bonny [00:15:32]:

So cute. I love them.

Chris [00:15:34]:

That's all fireworks are, is giant sparklers in the sky that go boom, boom, boom, or wee, whatever that noise was you made funny okay.

J. [00:15:41]:

Y'all, I did my first firework in my thirties. I was not permitted to have fireworks. I never understood why you would give kids fireworks, I don't know. It was very different. So finally I was in my thirties and my friends were like, get over here, you're doing a sparkler.

Bonny:

You hadn't even done a sparkler?

J.:

No, not even a sparkler. It was a sparkler. It was the starter kit.

Gaye [00:16:09]:

We had them a few times when I was a kid. We had sparklers, but they were... In Pennsylvania, you couldn't buy fireworks when I was a kid, and so it had to be like somebody went out of state and they brought back some contraband fireworks. So it was like very exciting.

Chris [00:16:24]:

Yeah, well, we live in Illinois now and you can't buy most fireworks, but when we were in Wisconsin we could, so yeah, a lot of times we would oh, here we enjoy that.

J. [00:16:36]:

Or here in Texas, they're like, "What can we blow up?"

Bonny:

Yeah. It's that way in Indiana. Because I had plenty of fireworks. I mean, firecrackers when I was about ten. That was fun. Who remembers the black snakes?

Chris: Oh, those are so weird.

Gaye [00:16:53]:

And then you the boys like those and they like firecrackers. They like to blow things up with firecrackers. Like rotten vegetables from the garden.

J. [00:17:08]:

There's kind of still a thing happening, I feel like. Boys really like the noise and the big pop or whatever of firework. And I think it's interesting that there's been research saying that it helps men to reach ejaculation for their partner to make some noise.

Chris [00:17:31]:

Yes, they do.

J. [00:17:33]:

The different kinds of fireworks also is just enjoying what you have. I think some people are always chasing the high, well, this is good, but maybe there's some other high. Maybe there's some other thing I haven't tried, maybe there's some other toy or position or this or that. And there's always a bigger fireworks display. I mean, I don't know who has the biggest one, but there's a lot of stuff out there. But it's just like we said, a sparkler is still fun and all these other things are still fun. And whatever it is that's working for you, if you're enjoying it, enjoy it, enjoy what you have. And you don't always have to chase the next high.

Bonny:

Agreed. I think too, there are seasons in our life, and I know we've talked about seasons before, but embracing where you're at is also just kind of embracing what you've got. And even in different seasons, you might be able to pull out a Roman candle every once in a while. But I think the most important thing, as we've said over and over and over is the connection and the intimacy. And the fireworks are a beautiful byproduct of the rest of your life that you've had together or that you have together and how you partner together.

Chris [00:18:44]:

Well, speaking of seasons, and I talked earlier about fire and where I live is a rural farm community, and it's very dry. So it would be a really bad idea for people to use fireworks this year because it would cause a lot of fires. And I think there are times in our intimate lives when we have to maybe pull back on some of that. Not necessarily chasing a high, but just kind of pull back on some of the activities that we do in order to create a healthy, viable space for someone to do healing or to just change some things in response to a medical situation, for example. So I think we just need to be mindful of what's happening around us at times and be cautious.

J. [00:19:30]:

Yeah. And I said earlier, we like to blow stuff up down here, but actually, there's quite a few rules on where you can do things. A lot of cities have ordinances that say you cannot set off fireworks there, but you can do it more rural locations for safety reasons. But for sex, I feel like it's the same kind of thing of there's a time and a place for different kinds of love making. There is the time for the quickie session. There's another time for the gourmet sex, and there's just what works in different times and places is going to be different.

Chris [00:20:01]:

And then there's that mad minute at the end, and it only happens once every fireworks show.

J. [00:20:05]:

The kaboom, kaboom, kaboom? Like one after the other?

Chris [00:20:11]:

We always call that the mad minute because it's about 1 minute of boom after boom after boom. It's multiples.

Bonny [00:20:17]:

The grand finale.

J.:

Yes, the grand finale.

Gaye [00:20:22]:

So sex, like fireworks, can be fun, even if it's not fancy.

Chris [00:20:28]:

And fancy would be that big-time sex, right?

Gaye [00:20:31]:

The big-time sex.

J. [00:20:33]:

The time that you walk into the bedroom and say, hey, honey, I see you've got a rocket in your pocket. Sorry, I had to get that in. Yeah, listeners, they're all rolling their eyes at me.

Chris:

Even me.

J.:

Justifiably. I have the eye rolling coming for that one. Okay, let's finish with this. Oh, you have something else to say, Bonny?

Bonny:

We've talked about having a fire extinguisher. I'm just thinking about protective measures, and that's kind of what Chris was alluding to, being mindful protective measures of your heart and their heart, too. So if there's something brittle and dry and raw, protect each other.

J.:

Well said. All right, here's our final question for this episode. Fireworks are typically used for a celebration of some kind. How is sex in marriage the way God intended a celebration?

Chris [00:21:32]:

To me, it sometimes seems like it's a renewal of our promises to each other. Not like a vow renewal, exactly, but just a reminder that we can celebrate what we have built so far and remind ourselves of what we are to each other and what this life is that we've built.

J. [00:21:51]:

I feel like there's a celebration involved in what God did create for us that we're going to embrace that and use it as God intended. I feel like we're celebrating it as a gift. And I know that we've discussed before, if it does not feel like a gift right now, then you've got some heart and soul work to do. I know that. But that is what it's supposed to be. And it is a celebration of what God created with male and female and how we can come together in this intimacy. And I still think that it's a glimpse of what God wants to have with us. The someday Wedding Feast with the Lamb. Because there's just so many references to God or Christ as our husband and God's people or the church as the bride.

Chris [00:22:46]:

So your question is how is sex and marriage the way God intended? A celebration? And part of me wants to respond with how is it not a celebration? That's what it is.

Bonny [00:22:57]:

Well, I would say from my personal where I'm at, it's more of a place of redemption. Because for a lot of times I was participating and it really wasn't a vowel renewal, and I wanted it to be that. Totally. But the reality was so for me now, as we have done our healing work and health has been restored, it's a place of redemption, of deliverance from that evil.

Chris [00:23:26]:

I'm so happy to hear that.

J. [00:23:28]:

I love that. And I think redemption is something to celebrate. But I understand the distinction of you feeling like it's more that place than the party aspect.

Bonny:

Yeah, party aspect. I mean, for those of you I know there's listeners out here because I hear from you that are post disclosure in recovery. If it doesn't feel like a celebration, but it does feel like a place of connection, that's okay. But I don't want to be a Debbie Downer. I just want to say that's, okay, everybody's experience is different.

Gaye [00:24:02]:

That's a good reminder that for it to be a celebration or a gift or whatever you want to say, it has to be for both people. And as we said earlier, just in this episode and many times before, if it's not for both people, then there's some work that has to be done, whatever the reason is. If the reason is betrayal, as Bonie talked about, if it's past trauma, if it's other issues in the marriage, I mean, it can be a celebration or a gift or a redemption, but only when it's for both people.

J. [00:24:37]:

Yeah, it's not okay for one of you to have fireworks and the other gets burned.

Chris [00:24:40]:

But that all goes to it being the way God intended. God intended it for it to be a shared and mutual thing.

J. [00:24:51]:

I like casting a vision of what it can be even if you're not right there yet. So you also then can recognize if that's not what it feels like, if it doesn't feel like connection and celebration or redemption, then you can do that gut check and decide something needs to happen. But you can also aim for that, and you can know that's what God wanted it to be. You look like you're about to say something, Bonny.

Bonny: Well, I'm thinking about for redemption. I do hear from wives who have a hard time getting back into the bedroom. It's very hard.

J.:

Oh, yeah.

Bonny:

But there's always going to be risk that first time you go back. So I just want to encourage that. If this is a place you've been wrestling with to really pray about, how do you redeem those fireworks? When will you be safe enough? What does that look like? Risk is hard, and I don't want you to do it if you're not feeling safe, but to consider where you at.

Chris [00:25:47]:

Years ago, my family, I wasn't with them, but they were at some 4th of July thing, and it was during the day, and somehow it was very dry, and there was a spark that went into the pile of fireworks that had not yet been laid out, and they all went off at once. And my parents have not been able to go to a fireworks show since then. It was very traumatic. It was not fireworks the way they were intended to be used. And I think that that's kind of what you're getting at in terms of sex, that you need to be careful and know that it's okay, that it takes time.

J. [00:26:27]:

Yeah. As we said before, another way that sex is like fireworks is that it's very powerful and it can be used for good, or Satan can come through and try his best to distort it.

Chris:

And boy, he does a good job of that.

J.:

Yes. And so we want to, as you said, redeem the fireworks, bring it back to the good, and then it can be really good.

Bonny:

In a different way.

J.:

Yeah, in the way we've been talking about.

Chris [00:27:02]:

I just love metaphors.

J. [00:27:04]:

I do, too. All right, well, this whole episode has been one big metaphor with sex as fireworks. And this is, as we said, coming out July 4th for those who are celebrating, Happy Independence Day.

Bonny:



Also, could we mention that July 22, Nashville area, there will be a meet and greet from one to three central.

Chris [00:27:28]:

With us.

Bonny [00:27:30]:

With us. Check out our Facebook page to find the exact location in the near future.