

## Fact or Fiction: Sex Edition

For each item, circle FACT or FICTION.				
1. The average length of an erect penis is between 8 and 9 inches.				
	FACT	or	FICTION	?
2. When a woman is aroused, her vagina grows to twice its normal size.				
	FACT	or	FICTION	?
3. The shape of the clitoris can be compared to a wishbone.				
	FACT	or	FICTION	?
4. The term <i>penis captivus</i> refers to when a man's erect penis won't return to its flaccid state.				
	FACT	or	FICTION	?
5. Is penis size really related to shoe size?				
	FACT	or	FICTION	?
6. Semen is produced in Cowper's glands.				
	FACT	or	FICTION	?
7. Lust and love activate the same part of the brain.				
	FACT	or	FICTION	?
8. Something can get lost inside a vagina.				
	FACT	or	FICTION	?
9. Wearing socks during sex can actually increase your chances of having an orgasm.				

FACT or FICTION ?

10. Peyronie's disease is a rare sexually transmitted infection (STI).

FACT or FICTION ?

11. Natural vaginal lubricant contains a substance called squalene which is also found in the liver of a shark.

FACT or FICTION ?

12. During orgasm, the lateral orbitofrontal cortex goes into overdrive.

FACT or FICTION ?

13. A woman can get pregnant without having intercourse.

FACT or FICTION ?

14. During an erection, the arteries to the penis open wider and the veins away from it constrict, which leads to the buildup of blood.

FACT or FICTION ?

How did you do?

**1–5 correct**: You're learning, and that's what it's all about! If you want more great info, check out <u>our webinars!</u>

**6–10 correct**: Good job. You got several right! And you don't need *all* the details to have fantastic sexual intimacy. But keep updated with great tips by <u>subscribing to our quarterly newsletter</u>.

**11-14 correct**: Well, look at you, you sexpert! Feel free to *wow* your husband with your sex savvy. And, when the opportunity arises, share your wisdom with friends. We're fans of <u>kitchen table conversations about sex</u>.

## Resources

Oakes, Kelly. "The Hardest Sex Quiz You Will Ever Take." BuzzFeed, October 29, 2014. https://www.buzzfeed.com/kellyoakes/the-hardest-sex-quiz-you-will-ever-take.

Aspler, Sarah. "Whenever Someone Tells Me They Know a Lot about Sex, These Are the 13 Questions I Give Them to Prove It." BuzzFeed, August 2, 2021. https://www.buzzfeed.com/sarahaspler/sex-trivia-quiz.